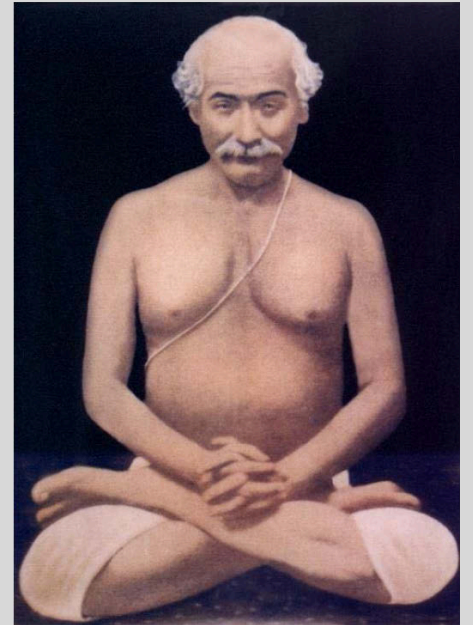
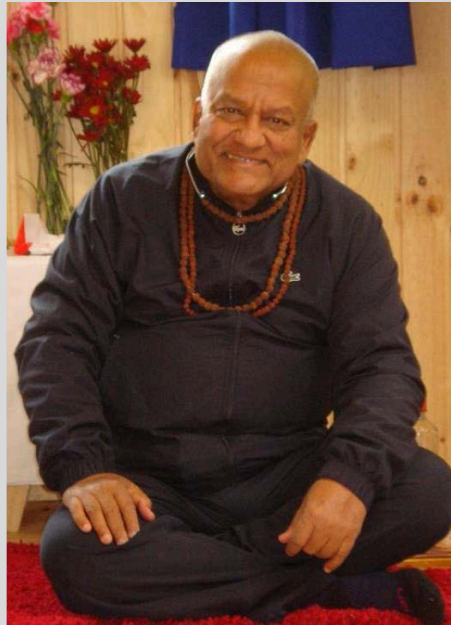
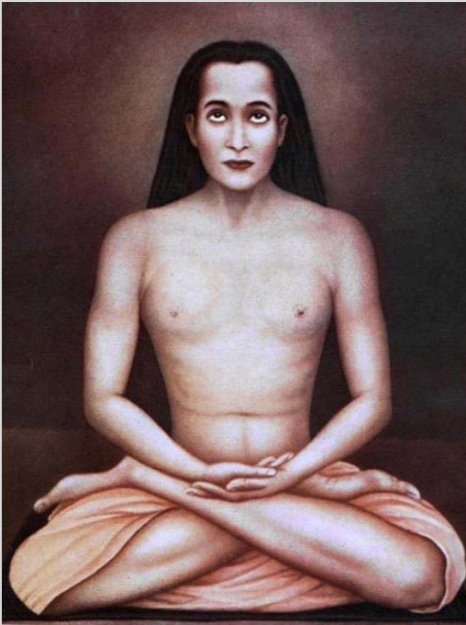


# **KRIYA YOGA INITIATION**



**SHIBENDU LAHIRI**

**MADRID 2018**



It is through Shibendu Lahiri's mystical body that the wisdom of the ancient yogis flows today, just as it has been doing in each generation of his family since his great grandfather, the Lahiri Mahasaya started to teach the Kriya Yoga techniques, exactly as Babaji taught them to him.

What occurred in Lahiri Mahasaya's body when the interference of the mind-ego complex quietened, can happen to anyone. Kriya Yoga is a sacred tool which permits the foresaid interference to be eliminated.

Shibendu-ji makes this divine potential available to everyone as he travels throughout the world, invited by his students, to share this knowledge.

[www.kriyayogalahiri.com](http://www.kriyayogalahiri.com)

# PROGRAMME 2018

**23<sup>TH</sup> MARCH INTRODUCTORY TALK ON KRIYA YOGA**  
(18.00 hrs. Free entrance to all)

**24<sup>TH</sup> MARCH KRIYAYOGA: INITIATION & PRACTICE** (2 sessions mornig & afternoon from 10.00 to 13.00 hrs & from 15.30 to 20.30 hrs)

**25<sup>TH</sup> MARCH KRIYAYOGA: REVISION & PRACTICE COMBINED** (1 morning session from 10.00 to 13.00 hrs)

The introductory Kriya Yoga talk on 23/3 is free and will take place at Ecocentro, C/Esquilache, 2 to 4 (next to Avda. Pablo Iglesias, 2 - Subway: Cuatro Caminos, Canal & Ríos Rosas), at the Ecosofía hall. You can view its location [by clicking here](#).

For those wishing to receive initiation, attendance at the talk is a must because it establishes the Kriya Yoga basics: *tapas, swadyaya and Ishvarapranidan*.

Initiation and practice will be held at the premises of [La Casa de Retiros de El Cristo de el Pardo](#) (Pista Cristo de El Pardo, 11, Madrid).. ([You can view its location here](#) and how to reach [there](#)).

To join the Initiation programme registration is mandatory. Please download and fill out this form, either as a [pdf](#) or [word](#) document.

Suport fee for the Initiation program is 80 € Students accredited as such can have a special fee of 40 €

To this amount you must add the amount of the stay (full board, either from Friday 23th at night or from Saturday 24th, in single or double room as specified on the registration form) in El Cristo of Pardo. Lunch on the 25th is optional.

As a non-profit activity the rates indicated above are only to cover the travel and accommodation expenses. If someone has a genuine interest in participating and receiving the teachings of Kriya Yoga and is unable to pay the required fee, please contact us via the given telephones/emails and a possibility alternative may considered.

Also to be noted is the fact that after receiving the personal initiation it is customary for the disciple —*shisya*— deliver a donation —*dakshina*— in a sealed envelope to the Master —*Gurú*— as a sign of gratitude for the teachings and initiation received.

If you only speak english, please contact Clare Wiley

[clare.wiley@gmail.com](mailto:clare.wiley@gmail.com)

## Frequently asked Questions & Answers

Q1. What is required for the Initiation?

A1. A sincere desire to learn Kriya Yoga.

Q2. How should I prepare myself for the Initiation?

A2. The coordinator will hand out information at the introductory talk which will be held the day before the formal Initiation. If for any reason you can not attend this talk, then please read Message 53. This can be downloaded at:

<http://www.kriyayogalahiri.com/kriyayoga/images/messages/messageuk/message-53.pdf>

& then get in contact with the coordinator for further information.

Q3: What happens if it is imposible for me to sit on the floor or if I have other physical limitations?

A3: The majority of physical limitations are not an obstacle for practising Kriya Yoga (speak to your coordinator). We will have comfortable chairs available for those who cannot remain seated on the floor for long periods of time.

Q4: What is the place for the Introductory talk like?

A4: You can take a look [here](#).

Q5: How can I get more information or sign up for the Initiation?

A5: Please get in contact with CLARE Wiley at [clare.wiley@gmail.com](mailto:clare.wiley@gmail.com)

Q6: If I cannot attend this Initiation how can I keep in contact to hear about future events?

A6: Keep checking these links:

**[www.kriyayogalahiri.com](http://www.kriyayogalahiri.com)**

**[www.kriyayogalahiri.es](http://www.kriyayogalahiri.es)**

**<https://www.facebook.com/KriyaYogaLahiriSpain>**

Or else get in contact with the Spanish coordinator at **[kriyayogaspain@gmail.com](mailto:kriyayogaspain@gmail.com)**